

## Urungos, La Paz, Comayagua, Honduras

Yes, I would like to be a partner in the ONE DAY CHALLENGE and assist the people in Urungos who earn just \$2.00/day.

Your contribution to the ONE DAY CHALLENGE is fully eligible for a donation receipt.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/TOWN \_\_\_\_\_

PROV. \_\_\_\_\_ POSTAL CODE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

Please include all information for donation receipt purposes.

Suggested 'One Day Challenge' contribution: Based on 250 working days per year, one day of earnings is the equivalent of \$40 for every \$10,000 of annual income (ie. \$50,000 annual income equals \$200/day). However, any amount is greatly appreciated and will go toward meeting the urgent needs in the community of Urungos.

Please contact us at [info@carpenteros.ca](mailto:info@carpenteros.ca) if you would like to know more about additional opportunities to support priority needs in Urungos and other Honduran communities.

Please make cheques payable to 'Carpenteros and Friends' and note 'One Day Challenge' on the memo line.

You can also donate online at: [www.carpenteros.ca](http://www.carpenteros.ca) or by e-transfer to [info@carpenteros.ca](mailto:info@carpenteros.ca). When making an e-transfer, please include your name and address in the Comments section, so we can send you a donation receipt.

### Carpenteros and Friends

c/o Calvary Christian Reformed Church  
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Flamborough, ON L9H 5E1

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Web: [www.carpenteros.ca](http://www.carpenteros.ca)

Facebook: [thecarpenteros](https://www.facebook.com/thecarpenteros)



Your support can change their world

## ONE DAY CHALLENGE

Urungos, La Paz, Comayagua, Honduras



Carpenteros  
and Friends



# Urungos

## La Paz, Comayagua, Honduras

### THE NEED

Located just west of the Comayagua mountain range in central-north Honduras, Urungos is home to 620 residents, primarily Indigenous Lenca.

Accessible only by poorly maintained roads, Urungos is an agricultural community that relies on the production of beans, corn and some vegetables.

A limited diet results in health challenges such as diabetes, hypertension and respiratory illnesses, compounded by the lack of a medical clinic in the community.

While the residents of Urungos face daily struggles, they are deeply grateful that their community has a board of trustees, a water board, electricity, a kindergarten and a primary school, as well as Catholic and evangelical churches. They also give thanks to God for the projects made possible through this year's One Day Challenge.



A hygiene station (above) provides a family with a closet for bathing, a private toilet/latrine, and a water storage basin for washing clothing and dishes. Inset (above, lower right) - a latrine currently in use by a family in Urungos.

### THE GOAL

This year's goal is to provide 15 families with a hygiene station, with a bathing chamber, latrine/toilet, and a water storage basin for washing clothing and dishes.

These hygiene stations contribute to improved health by reducing parasites, diarrhea and respiratory illnesses, as well as protecting the environment and local water supply.

One Day Challenge projects will be carried out by The Carpenters and Friends through Harvest Honduras in partnership with the local church in Urungos, focusing on assisting the elderly, single mothers, and impoverished families with special needs children.

The One Day Challenge invites donors to contribute the equivalent of roughly one day of their income to bring a lifetime of change to Honduran families whose average income is less than \$2US per day, which amounts to just \$1,000 Canadian per year.

15 Hygiene Stations – \$2,680 CDN each

Total project costs, including transporting building materials  
\$40,220 CDN